



FIRST ANNOUNCEMENT BROCHURE

Organised by ISPEN



2022



1st - 3rd DECEMBER 2022 HICC, Hyderabad





INVITATION

Dear Friends

It a privilege to host the Annual Conference of Parental and Nutrition Society of Asia – PENSA in India, and an honour to welcome you the host city – Hyderabad, the City of Pearls! Our objective is to enable an excellent and a lively academic interaction and exchange of knowledge between the delegates, clinicians, clinical nutritionists renowned academicians, and researchers. In addition, the exhibition and display of the merchandise by the professionals from the pharmaceutical industry will certainly add glitter to the occasion. It is our hope that the present pandemic abates by December 2022, thus provide an opportunity to experience the rich culture heritage of India and the gourmet dishes of Hyderabad!

We welcome you to Hyderabad and India.



Dr. Radha R ChadaOrganizing
Chairperson



Dr. Ganshyam Jagathkar Organising Secretary



Dr. Sanjith Saseedharan Chief Academic Coordinator



Dr. B Ravinder Reddy Chief Coordinator President ISPEN







ADVISORS PENSA 2022



Dr. Adarsh Chaudhary



Dr. Krishnan Sriram



Dr. M Bamini



Dr. Mohandas K Mallath



Dr. Shivakumar Iyer



Dr. Varsha

WHO CAN PARTICIPATE IN PENSA CONGRESS?

- » Dietitians
- » Nutritionists
- » Physicians
- » Intensivists
- » Anaesthesiologists

- » Surgeons
- » Nephrologists
- » Nurses
- » Pharmacists
- » Medical Professionals
- » Oncologists
- » Gastroenterologist
- » Sports Medicine Specialists

CONGRESS KEY DATES

| Last Date for Early Bird Registrations | 30 th June 2022 |
|--|---|
| Last Date for Regular Registrations | 25 th November 2022 |
| Last Date for Abstract Submission | 31 st July 2022 |
| Abstract Acceptance Notification | 30 th September 2022 |
| Conference Programme | 1 st – 3 rd December 2022 |
| Welcome Dinner | 1 st December 2022 |
| Gala Dinner | 2 nd December 2022 |
| Exhibition | 1 st - 3 rd December 2022 |



CONGRESS HIGHLIGHTS

| Keynote addresses | Eminent International Speakers | Plenary Sessions | Poster Presentation | Exhibition |
|----------------------|--------------------------------------|---------------------|------------------------|------------|
| Paper | Pre-Conference | Research | Symposiums | Networking |
| Presentation | Workshops | Awards | | Dinners |

ABSTRACT SUBMISSION

- Delegates, who would like to present their work at the Congress, either orally or as a poster, are invited to submit an abstract for consideration by the Abstract Grading Committee.
- A paper should not be submitted to the PENSA 2022 Congress if it has already been presented internationally.
- Abstract submission is only possible via the online abstract submission form.
- Please read carefully all the instructions available on the Internet and on the on-line abstract submission system before preparing your abstract.
- The creation of a user account is required for the submission of an abstract. The account only needs to be created once and can be re-used for future abstract submission and registration to the conference. Submitters from last year's meeting should use their existing account details.
- Abstracts can be saved in "Draft status" to be re-edited and modified until the submission deadline (31st July, 2022, midnight IST). Abstracts cannot be edited after the submission deadline.
- Abstracts fulfilling all criteria can be saved in "Final submission" status. Only abstracts in "Final submission" status will be considered for the Congress.
- Abstracts are accepted on a wide range of topics in clinical nutrition and metabolism. The submitter has to select the right topic for the abstract on the submission form. Please review these descriptions prior to submitting your abstract to ensure you are submitting your work to the proper category.







ABSTRACT SUBMISSION CATEGORIES

- Nutritional epidemiology, community nutrition
- Immunity and Nutrients
- Vitamins, antioxidants and minerals
- Critical Care/Enteral Nutrition/Parenteral Nutrition
- Liver and gastrointestinal tract
- Nutrition and chronic diseases
- Malnutrition, obesity, sarcopenia and the metabolic syndrome
- Nutrition and cancer
- Paediatrics
- Nutritional techniques and formulations
- Geriatrics
- Nursing (nursing issues in artificial nutrition interventions, monitoring, etc)
- Perioperative nutrition (ERAS, trauma and postoperative complications)

For standardisation, the acceptable length of the abstract is not more than 300 printable words (title not included). Authors' details and conflict of interest are not included. Please refer to the word count of the system as slight differences may occur when counting with WORD or similar programmes.

THE ABSTRACT NEEDS TO BE STRUCTURED AS FOLLOWS:

- **Rationale / Background:** This section should contain 1-2 sentences that clearly indicate the scientific question of the study and its clinical (or other) importance.
- **Study Design & Methods:** This section should contain sufficient information to be able to understand the experimental design, the analytical techniques and the statistics used in the study.
- **Results:** This section should contain objective data to answer the scientific question(s).
- **Conclusions:** This section should provide only conclusions of the study directly supported by the results, along with implications for clinical practice, avoiding speculation and over generalisation. Statements such as "the results will be discussed" or "data will be presented and discussed" are not acceptable.



ABSTRACT SUBMISSION CATEGORIES

REMARKS:

- DO NOT include image, table, references, title or author information in your abstract
- DO NOT use abbreviations which have not been specified first.
- DO NOT include statements such as "the results will be discussed" or "data will be presented and discussed" within your conclusion, as these are NOT acceptable.
- A paper cannot be accepted if the conflict of interest disclosure is not signed. On the on-line abstract form, provide the requested details for all authors.

Rules

The rules for preparing the abstracts are on this page. Failure to observe these guidelines may result in disqualification.

Late-breaking abstracts

Late-breaking abstracts may be accepted from the 1st August up to 15th August 2022, Midnight, IST

Late-breaking abstracts will only be presented as posters.

Presentation of abstracts

- Abstracts can be accepted either as an e-Poster/POSTER or ORAL Presentation.
- The Abstract Scientific Committee will select submitted abstracts and determine whether they are accepted for oral or Poster presentation.
- E-Posters should be a single page ppt slide in portrait (16:9) Format more details on how to submit your e-Poster will be provided.

General Remarks

- The Author of the abstract selected for presentation must be registered at the Congress.
- Abstracts must contain data and meet international ethical standards
- Abbreviations should be defined
- Trade names cannot be mentioned in the title. However, trade names in brackets will be accepted in the body of the text
- Please ensure your abstract does not contain spelling, grammar, or scientific mistakes, as it will be reproduced exactly as submitted. Linguistic accuracy is your responsibility. No proofreading will be done.
- No changes can be made to the abstract after the submission deadline of 31st July 2022, midnight IST.





ABSTRACT SUBMISSION CATEGORIES

- The reviewers will judge the abstracts according to its relevance to PENSA, the standard of presentation, the objectivity of statements, description of what was done, suitability of methods relevant to the to the objectives and aims, conclusions confirmed by objective results, ethics, scientific value, potential clinical value, originality of work and overall impression
- Submitting authors will be notified by 30th September 2022 whether their abstract has been accepted, and they will be in due course of time be informed about the date, time and form of their presentation. All notifications will be sent out to the e-mail address given on the submission form.

If you want to withdraw your abstract, a written statement reflecting the reasons for this decision must be sent to the PENSA 2022 Secretary (academics@pensa2022.com) no later than 1 September 2022.

Research awards will be classified into 2 categories.

PENSA award for oral presentation: supported by PENSA center

1st Prize: USD 500 2nd Prize: USD 300 3rd Prize: USD 200

Poster presentation award: Supported by Chomchark Chuntrasakul Research Foundation

1st Prize: USD 300 2nd Prize: USD 200 3rd Prize: USD 100

In addition, a certificate will be provided for all award recipients



CONGRESS REGISTRATION

| Category | EARLY BIRD | | REGULAR | | SPOT | |
|--------------------------|----------------|-------|---------------|-------|--------------|-------|
| | 30th June 2022 | | 25th Nov 2022 | | 1st Dec 2022 | |
| | USD | INR | USD | INR | USD | INR |
| Foreign Physician | 350 | 26500 | 400 | 30000 | 450 | 33750 |
| Foreign Non-Physician | 200 | 15000 | 250 | 18750 | 300 | 22500 |
| Foreign PG Student | 150 | 11500 | 200 | 15000 | 250 | 18750 |
| ISPEN Member | | 8000 | | 9000 | | 10000 |
| Non ISPEN Member | | 9000 | | 10000 | | 11000 |
| Indian PG Student | | 5000 | | 6000 | | 7000 |
| Accompanying Delegate | 75 | 5700 | 75 | 5700 | 75 | 5700 |
| Congress Gala Dinner | 50 | 3500 | 50 | 3500 | 50 | 3500 |

Note:

- The above registration fee includes 18% GST (Government Taxes)
- All Payments to be made in Indian rupees only
- Registration will be accepted online.





CONGRESS VENUE

Hyderabad International Convention Centre (HICC)

Hyderabad International Convention Centre (HICC) is managed by Accor Hotels, one of the world's leading hotel operators, and is jointly owned by Emaar Properties PJSC Dubai and Telangana State Industrial Infrastructure Corporation Ltd. HICC is a purpose-built, state-of-theart convention facility, the first of its kind in South Asia. It features an internal hall measuring 6,480 square meters that can be partitioned into six smaller halls.

The facility has quite a few feathers in its cap. It has been the winner of the excellence award for "Best Standalone Convention Centre" for a record four times nationally and now regionally awarded by Ministry of Tourism, Government of India and Andhra Pradesh. HICC has also received the award for 'Best Meeting & Conference Venue" at the South India Travel Awards 2015. HICC also holds ISO 14001:2014 certification. In every aspect, be it infrastructure, services or technology, it compares with the best in the world.





CONGRESS HOST CITY

About Hyderabad

Welcome to the fastest growing metropolis in India.

Hyderabad is the capital of the Indian state of Telangana and de jure capital of Andhra Pradesh. Occupying 650 square kilometres (250 sq mi) along the banks of the Musi River, it has a population of about 6.7 million and a metropolitan population of about 7.75 million, making it the fourth most populous city and sixth most populous urban agglomeration in India. At an average altitude of 542 metres (1,778 ft), much of Hyderabad is situated on hilly terrain around artificial lakes.

Established in 1591 by Muhammad Quli Qutb Shah, Hyderabad remained under the rule of the Qutb Shahi dynasty for nearly a century before the Mughals captured the region. In 1724, Mughal viceroy Asif Jah I declared his sovereignty and created his own dynasty, known as the Nizams of Hyderabad. The Nizam's dominions became a princely state during the British Raj, and remained so for 150 years, with the city serving as its capital. The city continued as the capital of Hyderabad State after it was brought into the Indian Union in 1948 and became the capital of Andhra Pradesh after the States Reorganisation Act, 1956. Since 1956, Rashtrapati Nilayam in the city has been the winter office of the President of India. In 2014, the newly formed state of Telangana split from Andhra Pradesh and the city became the joint capital of the two states, a transitional arrangement scheduled to end by 2025.







PLACES TO VISIT

Charminar: Charminar, an alluring amalgamation of Indo-Islamic architecture is one of the most famous tourist attractions of Hyderabad. Built in the honour of his wife Bagmati, by Sultan Mohammed Quli Qutb Shah in 1591, Charminar is intricately carved square structure with four exquisite minars (pillars) on each side.





Golkonda Fort : Acoustic system at Fateh Darwaza. View from the highest point - Bala Hissar, Rahban' cannon. Ramdas' prison with carved Hindu deities on the wall. Captivating green lawns at the backdrop of majestic ancient fort. Light and sound show in evening. The fort is surrounded by walls of 15-18 feet high. Along with its impressive architecture, its system of acoustics is also worth noticing

Qutub Shahi Tombs: Seven tombs of the Kings of Qutub Shahi Dynasty royals, constructed amid a peaceful garden. Tomb of Sultan Quli Qutub-ul-Mulk, the founder of Qutub Shahi Dynasty. Largest tomb of Mohammed Quli Qutub Shah- with height of 42 meters in height and 28 open arches.





Chowmallah Palace: Built in 18th Century, from a period of 1750 to 1869, Chowmahalla Palace was the seat of power for Nizam rulers, the Asaf Jahi Dynasty. Though, the major completion of this palace was done during the reign of Nizam Salabat Jang, architectural influences of other reigns can also be seen.

Salar Jung Museum: Boasts of being the third largest museums in the country, Salar Jung Museum is an important part of every Hyderabad tour. Spread over 10 acres of land, this museum is a personal collection of Nawab Mir Yusuf Ali Khan Salar Jung III. Artifacts belonging to Nawab Turab Ali Khan (Salar Jung I) and his descendants have also been kept at this museum.





PLACES TO VISIT

Laad Bazar: Laad Bazaar is located quite close to the Charminar which is undoubtedly one of the most popular tourist spots of Hyderabad. Adjacent to the monument, the Laad Bazaar is stretched on four roads starting from Charminar and is spread across an area of one kilometre.





Nehru Zoo Park: Spread over an area of approximately 380 acres, the Nehru Zoo Park boasts of almost 1,500 species of birds, mammals and reptiles. Adding to the extensive varieties of wildlife, this zoo park is the first one where animals have been kept in zoological order.

Hussain Sagar Lake: A breathtaking, man-made water body in the heart of Hyderabad, Hussain Sagar, built in 1563 is a heritage site of India declared as the 'Heart of the World' by UNWTO for being the world's largest heart-shaped mark. Presenting a stunning visual, the world's largest monolithic Buddha statue rises 18 metres high from a red lotus pedestal on the rock of Gibraltar in the centre of the lake.





Taramati Baradari : Consisting of a music hall with 12 entrances which served as an auditorium, it used to be the place where the legendary artist Taramathi used to perform. Taramati along with Premamati were said to be most popular dancers and courtesans of the Abdullah Qutub Shah, 7th Sultan of Golconda.

Birla Mandir: A beautiful temple atop a hillock called Naubath Pahad in the heart of Hyderabad, Birla Mandir offers a panoramic view of the city. The temple presents a blend of Indian architectures and was constructed by the Birla Foundation with a staggering 2000 tons of pure white marble











Purani Haveli: With its 18th-century European architecture, Purani Haveli, constructed in the early 1800s was once the official residence of the Nizam. It houses the Nizam's museum and the world's longest wardrobe built in two levels with a hand-cranked wooden lift in place.





Shilparamam: A craft village, Shilparamam is one of the popular tourist spots of Hyderabad. Spread over 50 acres, is a popular shopping destination with artisans from all over India showcasing their best products. Handmade artifacts, hand woven, traditional clothes and traditional jewellery often lure visitors

Paigah Tombs: Historic monuments of exquisite beauty, these 200-year-old lime and mortar tombs with beautiful inlaid marble carvings and stucco work retain an old-world charm and are the final resting place of the Paigahs, the most powerful noble families of Hyderabad, next only to the Nizams.



Conference Secretariat



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Meetings and More

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